



- 1. Jesus said, “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.” ~ Matthew 11:28-29**
- 2. You keep him in perfect peace whose mind is stayed on you, because he trusts in you. ~ Isaiah 26:3**
- 3. Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight. ~ Proverbs 3:5-6**
- 4. Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. ~ Philippians 4:5-7**

## **PRAYER**

**Our Father in Heaven, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.  
In the Name of Jesus, my Lord, I pray. Amen.**

*~ Pray adapted from Reinhold Niebuhr*



## WORD SEARCH

Find the hidden Bible study words

H	X	R	V	C	O	Q	S	X	U	V	L
W	X	D	S	R	A	C	B	B	S	W	B
E	B	D	O	X	D	R	E	S	T	E	V
O	I	W	W	M	R	O	T	S	L	S	C
Y	A	R	P	R	O	M	I	S	E	S	D
H	T	R	A	N	Q	U	I	L	I	T	Y
O	X	L	K	H	T	R	U	S	T	H	C
M	H	T	I	A	F	P	C	F	T	W	V
C	L	E	V	J	E	S	U	S	W	Y	X
F	Q	A	K	A	C	O	N	T	R	O	L
M	M	S	C	O	P	U	E	X	D	P	U
M	P	E	L	H	Y	Y	C	M	Z	B	F

TRUST

PEACE

JESUS

TRANQUILITY

PROMISES

CONTROL

REST

STORM

CALM

FAITH

YOKE

PRAY